



150 Preston Executive Dr #101. Cary, NC 27513

919-650-178 [www.carolinanaturalmedicine.com](http://www.carolinanaturalmedicine.com)

Today's Date: \_\_\_\_\_

### PEDIATRIC / ADOLESCENT CASE HISTORY

Patient's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Sex: \_\_\_\_\_

Address: \_\_\_\_\_ City / State / Zip: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Father's Name: \_\_\_\_\_

Phone (Home) \_\_\_\_\_ (Work) \_\_\_\_\_ (Mobile) \_\_\_\_\_ Mother/Father/Other

Referred by: \_\_\_\_\_

Person to be notified in case of Emergency: Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone: \_\_\_\_\_

PLEASE LIST MOST IMPORTANT HEALTH CONCERNS: \_\_\_\_\_

#### MEDICATIONS:

	Now	Past
Aspirin	_____	_____
Tylenol	_____	_____
Antibiotics	_____	_____
Decongestants	_____	_____
Other _____	_____	_____

#### SUPPLEMENTS:

	Now	Past
Vitamins	_____	_____
Minerals	_____	_____
Herbs	_____	_____
Other _____	_____	_____
Other _____	_____	_____

ALLERGIES TO DRUGS / MEDICATIONS: \_\_\_\_\_

#### CHILDHOOD ILLNESSES:

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Chicken Pox    | <input type="checkbox"/> Scarlet Fever   | <input type="checkbox"/> Mononucleosis |
| <input type="checkbox"/> Measles        | <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Ear Infection |
| <input type="checkbox"/> Mumps          | <input type="checkbox"/> Strep Throat    | <input type="checkbox"/> Tonsillitis   |
| <input type="checkbox"/> Rubella        | <input type="checkbox"/> Pneumonia       | <input type="checkbox"/> Croup         |
| <input type="checkbox"/> Whooping Cough | <input type="checkbox"/> Asthma          | <input type="checkbox"/> Other _____   |

IMMUNIZATIONS: (List types, dates given, and any adverse reactions)

**HOSPITALIZATIONS / SURGERIES / ACCIDENTS / SERIOUS INJURIES** (Describe each incident and give date):

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**FAMILY HISTORY** ( Identify all family members who have or have had any of the following):

_____ Alcoholism	_____ Cancer	_____ High Blood Pressure
_____ Allergies	_____ Diabetes	_____ Hypoglycemia
_____ Anemia	_____ Eczema	_____ Mental Illness
_____ Arthritis	_____ Epilepsy	_____ Obesity
_____ Asthma	_____ Heart Disease	_____ Stroke
_____ Birth Defects	_____ Hearing Loss	_____ Thyroid Disorder
_____ Other (describe)		

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**INFANT'S / CHILD'S / ADOLESCENT'S HEALTH** (Please check):

	Now	Past		Now	Past
Acne	_____	_____	Epilepsy / Seizure	_____	_____
Allergies	_____	_____	Fatigue	_____	_____
Anemia	_____	_____	Frequent Infections	_____	_____
Asthma	_____	_____	Headaches	_____	_____
Bed wetting	_____	_____	Heart Murmur	_____	_____
Birth Defects	_____	_____	High Fever	_____	_____
Colic	_____	_____	Hyperactivity	_____	_____
Constipation	_____	_____	Insomnia	_____	_____
Cough / Wheeze	_____	_____	Jaundice	_____	_____
Cradle Cap	_____	_____	Learning Disorder	_____	_____
Depression	_____	_____	Moodiness	_____	_____
Diarrhea	_____	_____	Stuffy Nose	_____	_____
Dizzy Spells	_____	_____	Thrush	_____	_____
Earaches	_____	_____	Vomiting Spells	_____	_____
Eczema	_____	_____			

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**WHAT IS YOUR INFANT'S / CHILD'S / ADOLESCENT'S DISPOSITION?** \_\_\_\_\_

**PRENATAL / BIRTH / FEEDING HISTORY:**

**MOTHER'S HEALTH DURING THE PREGNANCY WITH THIS INFANT / CHILD / ADOLESCENT:**

(Please check and describe)

Age _____	Trauma / Injury _____	Alcohol Consumption _____
Bleeding _____	Stress _____	Drugs _____
Nausea _____	High Blood Pressure _____	Smoking _____
Illness _____	X-Rays _____	Other _____
Toxemia _____	Medications _____	

**Pregnancy Term:** Full: \_\_\_\_\_ Premature \_\_\_\_\_ Late \_\_\_\_\_ Birth Weight \_\_\_\_\_

**Was Pregnancy / Birth:** Easy: \_\_\_\_\_ Difficult: \_\_\_\_\_

**Place of Birth:** Hospital: \_\_\_\_\_ Home: \_\_\_\_\_ Clinic: \_\_\_\_\_ Other: \_\_\_\_\_

**Feeding:**

Breast Feeding _____	How long? _____
Formula (kind) _____	How long? _____
Age solid foods began _____	What Foods _____
Food Intolerances? _____	
Favorite Foods _____	

**DIET EATEN YESTERDAY:**

**SOCIAL HISTORY:**

Parents:  
Married \_\_\_\_\_ Separated \_\_\_\_\_ Divorced \_\_\_\_\_

Mother's Occupation \_\_\_\_\_ Full Time \_\_\_\_\_ Part Time \_\_\_\_\_  
Father's Occupation \_\_\_\_\_ Full Time \_\_\_\_\_ Part Time \_\_\_\_\_

Guardian: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Others Residing in the Home? \_\_\_\_\_ Relationship: \_\_\_\_\_  
Daycare: \_\_\_\_\_ Where? \_\_\_\_\_

**SIBLINGS:**

NAME	AGE	HEALTH PROBLEMS
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____



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### Informed Consent for Treatment

I \_\_\_\_\_, hereby authorize the practitioners of the Carolina Clinic of Natural Medicine to perform the following specific procedures as necessary to facilitate my diagnosis, and treatment.

**Common diagnostic procedures:** e.g. venipuncture, PAP smears, laboratory, physical exam etc.

**Minor office procedures:** dressing a wound, ear cleansing.

**Medicinal use of nutrition:** therapeutic nutrition and nutritional supplementation.

**Botanical medicine:** botanical substances may be prescribed as teas, alcohol tinctures, capsules, tablets, creams, plaster or suppositories.

**Homeopathic medicine:** the use of highly dilute quantities of naturally occurring plants, animals, and minerals to gently stimulate the body's healing responses.

**Lifestyle counseling and hygiene:** diet therapy, promotion of wellness including recommendations for exercise, sleep, stress reduction and balancing of work and social activities.

**Counseling:** talk therapy.

**Acupuncture:** application of needles into the body to stimulate and balance energy flow.

**Cupping:** Application of suction to the skin

**Hydrotherapy:** application of hot and/or cold to the body.

**Massage:** manipulation of the soft tissues.

**Chiropractic manipulation:** adjustments to the spine or extremity.

**Therapeutic Exercises:** Application of rehabilitative exercises

**Colon Hydrotherapy:** removing waste and toxins from the large intestine.

**Lymphatic Drainage Therapy:** therapeutic abdominal massage to promote detoxification.

I recognize the potential risks and benefits of these procedures as described below.

Potential risks: allergic reactions to or side effects of prescribed herbs and or nutritional supplements, inconvenience of lifestyle changes, injury from venipunctures or other office procedures. Potential risk of adjusting or manipulative procedures include, but are not limited to, fractures, disk injuries, strokes, dislocations, sprains, and those which relate to physical aberrations unknown or reasonably undetectable by the doctor.

Notice to pregnant women: All female patients must alert the doctor if they know or suspect that they are pregnant as some of the therapies used could present a risk to the pregnancy.

With this knowledge, I voluntarily consent to the above procedures, realizing that no guarantees have been given to me by the Carolina Clinic of Natural Medicine or any of its personnel regarding cure or improvement of my condition. I understand that I am free to withdraw my consent and to discontinue participation in these procedures at any time.

I understand that the Carolina Clinic of Natural Medicine will keep a record of the health services provided to me. This record will be kept confidential and will not be released to others unless so directed by myself or my representative or unless required by law. I understand that I may look at my medical record at any time and can request a copy of it by paying the appropriate fee. I understand that my medical record will be kept for a minimum of three, but no more than ten years after the date of my last visit. I understand that my practitioner to the best of his/her ability will answer any questions I have.

Signature of Patient or Guardian X \_\_\_\_\_ Date \_\_\_\_\_  
Printed name or Patient or Guardian \_\_\_\_\_



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### Our Privacy Pledge

We are very concerned with protecting your privacy. While the law requires us to give you a copy of our privacy notice, please understand that we have, and always will respect the privacy of your health information.

There are several circumstances in which we may have to use or disclose your health care information.

- We may have to disclose your health information to another health care provider or a hospital if it is necessary to refer you to them for the diagnosis, assessment, or treatment of your health condition.
- We may need to use your health information within our practice for quality control or other operational purposes.

Along with this consent form, you will be given a copy of our privacy policies in detail. You have the right to review that notice before you sign this consent form. We reserve the right to review to change our privacy practices as described in that notice. If we make a change to our privacy practices, we will notify you in writing when you come in for treatment or by email.

#### **Your right to limit uses or disclosures**

You have the right to request that we do not disclose your health information to specific individuals, companies, or organization. If you would like to place any restrictions on the use or disclosure of your health information, please let us know in writing. We are not required to agree to your restrictions. However, if we agree with your restrictions, the restriction is binding on us.

#### **Your right to revoke authorization**

You may revoke any of your authorizations at any time; however, your revocation must be in writing. We will not be able to honor your revocation request if we have already released your health information before we receive your request to revoke your authorization. If you were required to give your authorization as a condition of obtaining insurance, the insurance company may have a right to your health information if they decide to contest any of your claims.

I have read your consent policy and agree to its terms. I am also acknowledging that I have received a copy of this consent form and a copy of your privacy notice (Notice of Privacy Practices for Protected Health Information)

Print Patient Name \_\_\_\_\_

Patient Signature X \_\_\_\_\_ Date \_\_\_\_\_

Authorized Provider Representative Signature X \_\_\_\_\_



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## APPOINTMENT REMINDERS AND HEALTH CARE INFORMATION AUTHORIZATION

Your physician and members of the practice staff may need to use your name, address, phone number, and your clinical records to contact you with appointment reminders/text message, information about treatment alternatives or other health related information that may be of interest to you. If this contact is made by phone and you are not available, a message will be left on your answering machine or with the person answering the phone. By signing this form, you are giving us the authorization to contact you with these reminders and information and to leave a message on your answering machine or with individuals at your home or place of employment.

You may restrict the individuals or organizations to which your health care information is released or you may revoke your authorization to us at any time: however, your revocation must be in writing and mailed to us at our office address. We will not be able to honor your revocation request if we have already released your health information before we receive your request to revoke your authorization. In addition, if you were required to give your authorization as a condition of obtaining insurance, the insurance may have a right to your health information if they decide to contest any of your claims.

Information that we use or disclose based on the authorization you are giving us may be subject to re-disclosure by anyone who has access to the reminder or other information, and may no longer be protected by the federal privacy rules.

You have the right to refuse to give us this authorization. If you do not give us authorization it will not affect the treatment we provide to you or the methods we use to obtain reimbursement for your care.

You may inspect or copy the information that we use to contact you to provide appointment reminders, information about treatment alternatives, or other health information at any time.

This notice is effective, as of \_\_\_\_\_ . This authorization will expire seven years after the data on which you last received services from us.

I authorize you to use or disclose my health information in manner described above. I am also acknowledging that I have received a copy of this authorization.

\_\_\_\_\_  
Patient Name Printed

\_\_\_\_\_  
Date

X \_\_\_\_\_  
Patient Signature

X \_\_\_\_\_  
Authorized Provider Representative

\_\_\_\_\_  
Personal Representative Print

\_\_\_\_\_  
Personal Representative Signature

\_\_\_\_\_  
Description of personal representative's authority to act for the patient.



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**Carolina Clinic of Natural Medicine Payment and Appointment Policy**

**Payment is expected at the time of service.** The clinic accepts: cash, check, and credit card forms of payment (Visa, MasterCard, Discover, and American Express). Any recommended supplements are an additional cost, and will NOT be dispersed without payment.

**Insurance Billing**

The Carolina Clinic of Natural Medicine will be happy to provide you with a superbill to which may be submitted to your insurance company,

I understand that I am responsible, and **agree to pay** for services offered to me by the Carolina Clinic of Natural Medicine, including any remaining portions not covered by my insurance plan. This includes denied coverage, co-pays, and deductibles that need to be met prior to coverage. If balance is not paid, accounts will be submitted to our collection agency.

X \_\_\_\_\_ Print Patient Name \_\_\_\_\_

**Appointments**

Your scheduled appointment time is being held for you, and is a commitment. In our efforts to continuously improve our patient service and office efficiency the credit card number below will secure your first scheduled office appointment, and any future scheduled office appointments for service. The credit card number below will be charged for all NO SHOW AND CANCELLED appointments without a 24-hour notice from you. The charges are as follows: First office visit \$150.00, Weekday office visit \$50.00 and Saturday office visit \$85.00.

X \_\_\_\_\_ Print Patient Name \_\_\_\_\_

**Credit Card on file**

I authorize Carolina Clinic of Natural Medicine to charge outstanding patient portion balances, supplements, and cancellation fees for my dependents and myself to the following credit card:

Credit Card Number \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Expiration date \_\_\_\_\_ / \_\_\_\_\_ Signature Code \_\_\_\_\_ Billing Zip Code \_\_\_\_\_  
Name on Credit Card: \_\_\_\_\_

Signature X \_\_\_\_\_ Date \_\_\_\_\_

I acknowledge that I have read and understand the above information. Initials \_\_\_\_\_